

Clare Youth Wrestling N.E.M.W.A. Tournament

Clare High School 306 Schoolcrest, Clare, MI 48617

January 30, 2016

This is an USA sanctioned event. All wrestlers must be USA insured in order to compete.

Weigh Ins: All ages/weights due into Track Wrestling by Thursday, Jan 28th by 10 PM. You must weigh-in in a singlet or t-shirt/shorts.

Check Ins: Normal NEMWA procedure.

Entry Fee: \$11.00 per wrestler. Please pay as a team in the pairing room, prior to wrestling beginning for all wrestlers registered through Track.

Admission: \$2.00 per adult, \$1.00 per student/child, and \$5.00 per family

Awards: Custom medals. 1st – 4th will receive medals (up to 6th place for 32 man brackets).

Weight Classes:

Age 5/6 – 37, 40, 43, 46, 49, 52, 55, 58, 61, 64, 67 & Hwt.

Age 7/8 – 40, 43, 46, 49, 52, 55, 58, 61, 64, 67, 72, 77, 82 & Hwt. (142 max.)

Age 9/10 – 51, 55, 59, 63, 67, 71, 75, 80, 85, 90, 95, 100, 110 & Hwt. (190 max.)

Age 11/12 – 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 119, 126, 133 & Hwt. (233 max.)

Age 13/14 – 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 138, 145, 155, 170 & Hwt. (275 max.)

Concessions: Breakfast and Lunch available in cafeteria. NO Crockpots, please!

Rules:

1. Tournament, safety and weigh in rules will be followed per NEMWA rules.
2. Only **two** coaches per mat, per match. This includes photographer/video.
3. All wrestlers will wrestle 3 – 1:30 minutes.
4. No wrestlers with a questionable skin rash will be allowed to wrestle without a current physician statement (NEMWA form) verifying that it is not communicable.

School Rules: NO smoking on school grounds. NO food or beverages are allowed in the gym. No alcohol allowed on school grounds.

Coaches Meeting: 9:00 AM

Wrestling Begins: 9:30 AM.